

# Our values

## COOPERATION

We cooperate with other speciality services and support people looking for additional points of contact to meet their individual needs.

## QUALIFICATION

Our team of consultants includes psychologists as well as advising instructors. Regular continued training and supervision are a standard part of how we ensure the quality of our work.

## LIMITS OF OUR WORK

Our consulting services cannot replace the need for psychotherapy.

## RESPONSIBILITIES

We are responsible for all schools and school types within our service area.



# Contact

## SCHULPSYCHOLOGISCHE BERATUNGSSTELLE RASTATT (SCHOOL PSYCHOLOGY COUNSELING CENTRE RASTATT)

ZSL/Regionalstelle Karlsruhe  
(regional office), Ludwigring 7  
76437 Rastatt

[www.zsl-bw.de/spbs-rastatt](http://www.zsl-bw.de/spbs-rastatt)



## INDIVIDUAL APPOINTMENTS

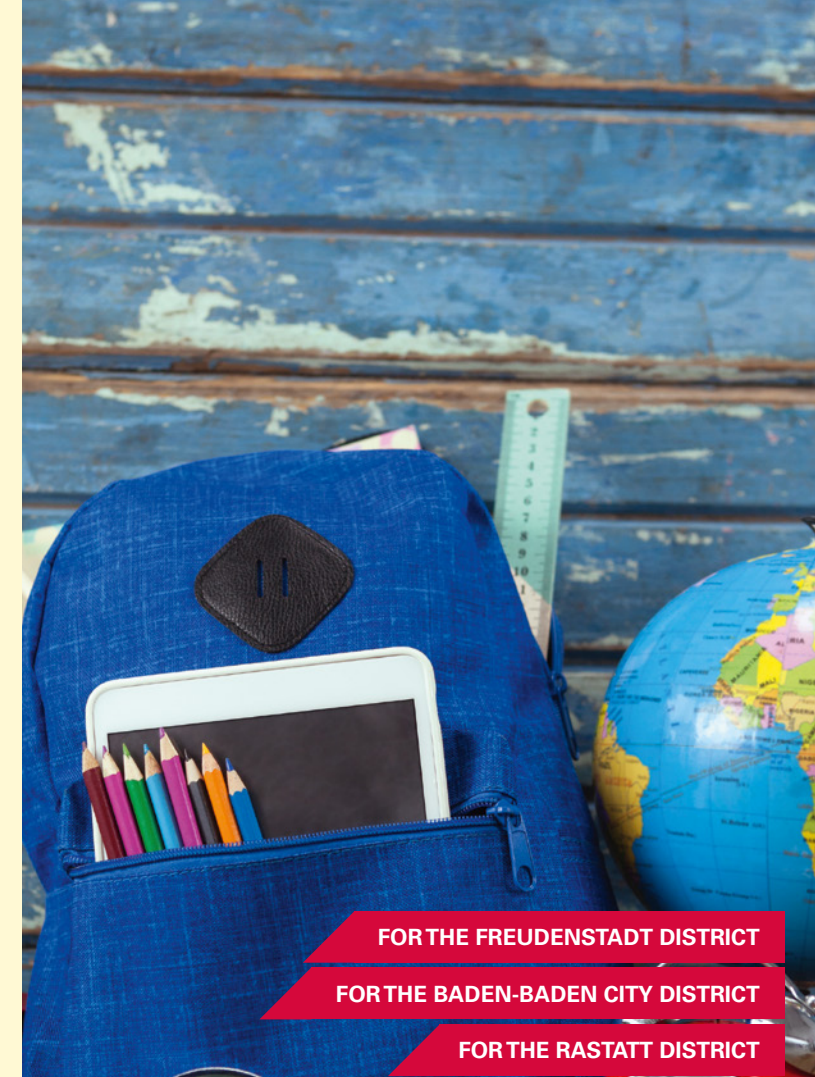
Please leave us a message if we are not currently available.  
We will be glad to return your call.

Telephone: 07222 9169-130

Email: [poststelle.spbs-ra@zsl-rs-ka.kv.bwl.de](mailto:poststelle.spbs-ra@zsl-rs-ka.kv.bwl.de)

## HOW TO FIND US

- by foot from the train station: go from the main entrance toward the city centre (Bahnhofstraße) after 400 m turn left at Ludwigsfeste onto Ludwigring, after the Franzbrücke take a slight left at the second street to continue on Ludwigring (across from the Karlschule), approx. 10 minute walk (see map)
- parking is available behind the building



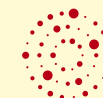
FOR THE FREUDENSTADT DISTRICT

FOR THE BADEN-BADEN CITY DISTRICT

FOR THE RASTATT DISTRICT

## School psychology counseling centre

Rastatt



**ZSL**  
Zentrum für Schulqualität  
und Lehrerbildung  
Baden-Württemberg



Baden-Württemberg

# Basic principles that guide our work

## CONFIDENTIAL

All inquiries and appointments are treated as confidential.  
We are subject to professional secrecy.

## FREE OF CHARGE

Our services are free of charge for persons seeking assistance.

## FREE ACCESS

Persons seeking assistance can contact us directly, without an intermediary.

## VOLUNTARY

Advising will only be successful if the person seeking assistance is personally motivated to make a change.

## INDEPENDENT

We base our advising only on the concerns of the person seeking assistance, and on professional criteria.



# Our services

## FOR STUDENTS

Sometimes, things don't go as planned at school.

We are here for you, for instance, if

- you are having difficulties learning or concentrating.
- you feel afraid of taking tests or going to school.
- you are having difficulties with your teachers or fellow students.

## FOR PARENTS

School-related difficulties are common.

We can advise you on topics such as

- problems your child is having with learning, motivation, and concentration.
- students who are afraid of school, avoid school, or don't want to go to school.
- conflicts and bullying at school.

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*Do you know your school counsellor?  
They are an important initial contact person if you are having difficulties in school or have questions about your educational career. Contact information is available from us or from your school.*

## FOR TEACHERS AND ADMINISTRATORS

We can support you, for instance, with

- advising, for instance for handling students, parents, and professional matters.
- individual coaching and supervision.
- group supervision and case review groups, for instance for handling professional requirements.

## FOR (SPECIALITY) COLLEGES

Our services include

- internal continued training on pedagogical and psychological issues.
- consulting and mediation for conflicts.
- consulting and support during team development processes.
- follow-up support for school crises.

Centre for school quality and  
teacher education (ZSL)



## CORE FUNCTIONS OF THE ZSL

- personnel development and manager qualification.
- concept development and managing implementation and quality assurance for training and continued education on interdisciplinary pedagogical issues and subject- and school type-specific teacher education and training.
- designing teaching-related support services.
- educational planning work and textbook approval.
- international cooperative projects in teacher education.
- development, decentralised delivery and quality assurance for consulting services, for instance in educational career, professional orientation, in case of a need for additional support and high-aptitude services, school psychology services, prevention and quality development for general educational and professional schools.

## CONTACT

- Turn the flyer to see the contact details of your school psychological counseling center.
- The heads of the regional offices are also happy to answer your questions:  
[www.zsl-bw.de/regionalstellen](http://www.zsl-bw.de/regionalstellen)

## IMPRINT

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