## Our values

#### **COOPERATION**

We cooperate with other speciality services and support people looking for additional points of contact to meet their individual needs.

#### QUALIFICATION

Our team of consultants includes psychologists as well as advising instructors. Regular continued training and supervision are a standard part of how we ensure the quality of our work.

#### LIMITS OF OUR WORK

Our consulting services cannot replace the need for psychotherapy.

#### **RESPONSIBILITIES**

We are responsible for all schools and school types within our service area.



## Contact

### SCHULPSYCHOLOGISCHE BERATUNGSSTELLE STUTTGART (SCHOOL PSYCHOLOGY COUNSELING **CENTRE STUTTGART)**

ZSL/Regionalstelle Stuttgart (regional office) Bebelstr. 48 70193 Stuttgart www.zsl-bw.de/spbs-stuttgart



#### **INDIVIDUAL APPOINTMENTS**

Please leave us a message if we are not currently available.

We will be glad to return your call.

Telephone: 0711 6376-300 bzw. -301

Email: poststelle.spbs-s@zsl-rs-s.kv.bwl.de

#### **HOW TO FIND US**

- with light rail lines U29, U34 or U2 to the "Arndt-/ Spittastraße" stop
- parking available, for instance at the Moltke-Areal underground garage (Schwabstraße 91)





# counseling centre

Stuttgart





## Basic principles that guide our work

#### CONFIDENTIAL

All inquiries and appointments are treated as confidential. We are subject to professional secrecy.

#### **FREE OF CHARGE**

Our services are free of charge for persons seeking assistance.

#### **FREE ACCESS**

Persons seeking assistance can contact us directly, without an intermediary.

#### **VOLUNTARY**

Advising will only be successful if the person seeking assistance is personally motivated to make a change.

#### INDEPENDENT

We base our advising only on the concerns of the person seeking assistance, and on professional criteria.



### Our services

#### FOR STUDENTS

Sometimes, things don't go as planned at school.

We are here for you, for instance, if

- you are having difficulties learning or concentrating.
- you feel afraid of taking tests or going to school.
- you are having difficulties with your teachers or fellow students.

#### FOR PARENTS

School-related difficulties are common.

We can advise you on topics such as

- problems your child is having with learning, motivation, and concentration.
- students who are afraid of school, avoid school, or don't want to go to school.
- conflicts and bullying at school.

Do you know your school counsellor?
They are an important initial contact person if you are having difficulties in school or have questions about your educational career. Contact information is available from us or from your school.

#### FOR TEACHERS AND ADMINISTRATORS

We can support you, for instance, with

- advising, for instance for handling students, parents, and professional matters.
- individual coaching and supervision.
- group supervision and case review groups, for instance for handling professional requirements.

#### FOR (SPECIALITY) COLLEGES

Our services include

- internal continued training on pedagogical and psychological
- consulting and mediation for conflicts.
- consulting and support during team development processes.
- follow-up support for school crises.

Centre for school quality and teacher education (ZSL)



#### **CORE FUNCTIONS OF THE ZSL**

- personnel development and manager qualification.
- concept development and managing implementation and quality assurance for training and continued education on interdisciplinary pedagogical issues and subject- and school type-specific teacher education and training.
- designing teaching-related support services.
- educational planning work and textbook approval.
- international cooperative projects in teacher education.
- development, decentralised delivery and quality assurance for consulting services, for instance in educational career, professional orientation, in case of a need for additional support and high-aptitude services, school psychology services, prevention and quality development for general educational and professional schools.

#### CONTACT

- Turn the flyer to see the contact details of your school psychological counseling center.
- The heads of the regional offices are also happy to answer your questions:

www.zsl-bw.de/regionalstellen

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